

# CHONDRO-FLX

## PRODUCT INFO SHEET



### Description

Chondro-Flx provides musculoskeletal support.

### Ingredients

**Glucosamine Sulfate:** Is a chondroprotective agent that is a major building block in helping the body repair damaged or eroded cartilage. Numerous clinical trials have proven the effectiveness of glucosamine. Several forms of glucosamine exist. Years of research have shown that glucosamine salts that are capable of high absorption (HCl and Sulfate) have similar therapeutic profiles.

**Chondroitin Sulfate:** As a component of articular cartilage, CS is thought to add to cartilage when taken orally. Studies show that oral doses are absorbed and have a high affinity to cartilaginous tissues. CS attracts fluid into the cartilage, the fluid acts as a spongy shock absorber. Since cartilage has no blood supply, nourishment and lubrication comes from surrounding joint liquid that flows as pressure to the joint is applied and released. Cartilage is 65 to 85 percent water. Without a good supply of chondroitin sulfate and fluid, cartilage can become malnourished, drier, thinner, and more fragile.

**Bromelain:** Is a collective term for a group of enzymes derived from the stem and fruit of the pineapple plant. It has been used in both gross injury type swellings (surgery, trauma injury, sprains...etc.) as well as micro-inflammations (allergic reactions, localized internal infections).

**Vitamin C:** Is an antioxidant that can reduce free radicals. Vitamin C is a cofactor to enzymes important in the manufacture of collagen.

### Dosage

**SUGGESTED USE:** 1 capsule three times per day on an empty stomach.

### Contraindications

*Mild stomach upset or allergic reaction may occur with any herbal product. Move dose closer to meals or cease product use if symptoms persist.*

### Supplement Facts

Serving Size: 3 Capsules

Servings Per Container: 30

3 capsules contain	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid USP)	60 mg	100%
Glucosamine Sulfate	1,500 mg	*
Chondroitin Sulfate	800 mg	*
Bromelain (2,400 GDU/g) (from Pineapple)	45 mg	*

\* % Daily Value not established

Other Ingredients: Natural Gelatin Capsules. This product may contain one or more of the following: Calcium Silicate, Magnesium Stearate, Microcrystalline Cellulose and Silicon Dioxide.

ID #537090 ~ 90 Capsules

ID #537180 ~ 180 Capsules

*These statements have not been evaluated by the FDA. This product is not intended to treat, diagnose, prevent, or cure any disease. Consult a physician before taking. Should you experience any serious physical side effects from taking these nutritional supplements, discontinue and call your doctor immediately.*